### January 2019

# MUSH-ON

Alaska School Nutrition Association www.aksna.org

## ALASKA SCHOOL NUTRITION ASSOCIATION 51st Annual Conference



### Keynote Speaker: Katie Wilson, PhD, SNS Former USDA Deputy Undersecretary

Pre-Conference Sessions January 28, 2019

ServSafe Food Safety Training and Certification PrimeroEdge 101 Software Training School Nutrition Specialist Credentialing Examination Additional registration fees required for these sessions

January 29-30, 2019 BP Energy Center Anchorage, Alaska Vendor Show January 31, 2019 at the Egan Center



#### **AKSNA Executive Board**

President: Tanya Dube tdube@bbbsd.net

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Member Services: Adrianne Schwartz Adrianne.schwartz@juneauschools. org

Nutrition Standards & Education: Walter Williams wwilliams@swrsd.org

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As the Alaska School Nutrition Association annual conference quickly approaches if you are not already a member of the School Nutrition Association (SNA) and the Alaska School Nutrition Association (AKSNA) I would like to invite you to consider membership in the only association dedicated to child nutrition programs.

AKSNA holds an annual conference, which is a valuable resource for ongoing professional development and networking opportunities.

AKSNA membership provides a wide range of benefits. As an AKSNA member you will receive:

- Growth and advancement in your school district and the state of Alaska.
- Reduced registration fee for the AKSNA conference.
- Access to quality educational opportunities to enhance managerial skills and child nutrition knowledge.
- Opportunity to be certified in school foodservice & nutrition.
- The latest information on school foodservice, child nutrition issues, new promotional ideas, and recipes to try through SNA's Web site, <u>www.schoolnutrition.org</u>.
- 11 issues of SNA School Foodservice and Nutrition magazine plus the AKSNA Mush-on Newsletter published 9 times each year.
- Collaboration with school food service staff throughout the state of Alaska and nation – share your experiences, ideas and solutions to the common challenges we face every day.
- Strong representation of child nutrition programs to legislators on the local, state, and national levels.

I would enjoy hearing from you and telling you more about AKSNA membership. If you have any questions or want to hear more, please contact me anytime at 907-796-5384 or adrianne.schwartz@juneauschools.org

#### AKSNA Executive Board (Continued)

State Farm to School Representative: Lyssa Frohling lyssa.frohling@alaska.gov

Marketing Chair: September Horton septemberh@mehs.us

Member at Large: Geno Ceccarelli geno.ceccarelli@nsbsd.org

**RCCI Representative:** Vacant

#### Dates to Remember

The 51<sup>st</sup> Annual Alaska School Nutrition Conference is coming!

Conference dates January 29- 31, 2019

Upcoming Webinar Wednesdays

Webinars begin at 10:00 AM (Alaska Time)

New webinars beginning January 2019

Best of School Nutrition Industry Conference (SNIC)19 series will begin in February 2019

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### 2019 AKSNA Conference Registration

Full conference registration includes: All general and breakout sessions, lunch on Tuesday, awards banquet on Wednesday evening, and the vendor show at the Egan Center on Thursday. Please note that there is an additional fee for preconference sessions.

Full-day Preconference options 8:30 – 4:45 (Includes lunch):		
PrimeroEdge 101	\$30.00	
ServSafe	\$90.00	
Half-day Preconference option 12:45 – 4:45		
School Nutrition Specialist Credentialing Examination		
The cost for the SNS Exam is \$225 with application and fee preregistration		
directly completed with the School Nutrition Association. Please see	e	
https://schoolnutrition.org/Credentialing/SNS-Benefits-Requirements-	-Fees/	
for more information.		
Full Conference Member Early Registration by December 1,2018	\$150.00	
Full Conference Member after December 1, 2018	\$200.00	
Full Conference Non-Member	\$275.00	
The Full Conference Registration fee includes admission for 1 to the \$0		
Awards Banquet dinner on Wednesday, January 30, 2019; check		
the box if you plan on attending the Awards Banquet?		
Additional Banquet Admission \$50.00		
Daily Rate: \$100.00/day Please select day(s) Tues. 🗆 Wed. 🗆 T	hυ. 🗆	
Total Fees Due:		
Board Member and Presenter at Conference- No Charge per Jo		
Dawson		

#### PLEASE FILL OUT THE COMPLETE REGISTRATION

Name:	Membership #:	
School District or RCCI:		
Address:	City:	Zip:
Daytime phone:		
	ing decision for the district (state) ? $\Box$ Yes $\Box$ No	)
Return completed form to:	Theresa Wilson, Lake and Peninsula School District PO Box 498 King Salmon, AK 99613 Email: <u>twilson@lpsd.com</u> Fax: 907-246-4473 Credit card payments accepted: 907-246-4280 press 6 ext	. 313

Cancellations must be made 30 days in advance and are subject to a \$50 processing fee.

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### ALASKA SCHOOL NUTRITION ASSOCIATION 51st Annual Conference

### Agenda At-A-Glance

Preconference – Monday, January 28, 2019 Pre-registration Required PreConference Session 1 PrimeroEdge 101 PreConference Session 2 ServSafe PreConference Session 3 SNS Examination

Tuesday, January 29, 2019		Wed	nesday, January 30, 2019	Thurs	day, January 31, 2019
8:15	Registration opens	8:30	Welcome and Updates	9:00	Choice:
8:30 9:00	Opening Remarks and Introductions	8:45	Successfully Managing the Complexities of School Nutrition Programs		Bus to tour - Charlie's Produce - Anchorage School District Central Kitchen
9:00	Key Note Address – Six Pillars of Success	9:45	Best Practices in School Breakfast	11:00	Vendor Show
10:00	Break	10:45	Break		<ul> <li>Bus will drop off from tour</li> </ul>
10:15	Managing the Media when IT Hits the Fan	11:00	USDA Foods Update		<ul> <li>Will pick up at 2:10 to return to Residence Inn</li> </ul>
11:00	School Nutrition Association Update	11:45	Lunch on your own		
11:30	AKSNA Business Meeting & Lunch	1:00	Roundtable: Administrative Review		
1:00	State Agency Update	2:00	Safe Food Donations		
1:30	Disaster Feeding	3:00	Break		
2:30	Break	3:15	Concurrent Sessions: -Operating Cross-Cultural Nutrition Programs		
2:45	Concurrent Sessions: -Taking Advantage of your SNA Membership		- USDA Foods Advisory Council Meeting		
	- Net-Off Invoicing	4:00	Clean Label Cooking		
3:45	Concurrent Sessions: -Farm to School Update -Titan School Solutions	5:30	AKSNA Banquet Golden Lion Hotel shuttle will transport @ 5:30		
5:30	Conference Social -Sponsors by Commercial Kitchen Solutions Shuttle will transport @ 5:30				

ALASKA SCHOOL NUTRITION ASSOCIATION 51st Annual Conference		
Preconference Session Monday, January 28, 2019		
	Pre-registration Required	
8:00	Registration Opens	
8:30 – 4:30	PrimeroEdge 101 Schrena Bockholt, CyberSoft Provides a basic overview of nutrition and helps to underscore the importance of nutrition in daily life. The program offers tools for guiding food choices, information on macronutrients and micronutrients, information to assist you in making good diet decisions, and an overview of nutrition issues in the media.	
8:30 – 4:30	ServSafe <u>Theresa Wilson, Lake and Peninsula School District</u> This is a food and beverage safety training and certificate program administered by the National Restaurant Association. This certification is required by the State of Alaska, Department of Environmental conservations and the USDA as a basic credential for school nutrition staff.	
12:30 – 4:30	School Nutrition Specialist Examination Fees and pre-registration directly with the School Nutrition Association is required.	

ALASKA SCHOOL NUTRITION ASSOCIATION		
51 <sup>st</sup> Annual Conference		
Tuesday, January 29, 2019		
8:15	Registration opens	
8:30	Opening Remarks and Introductions	
9:00	Six Pillars of Success <u>Katie Wilson, Ph.D., SNS</u> School nutrition programs have become complex businesses with high customer expectations. It seems like you just live from challenge to challenge. Join Dr. Wilson, former USDA Deputy Under Secretary for Food Nutrition, and Consumer Services for this upbeat keynote to reenergize you and put a positive spin on your outlook for the future.	
10:00	Break	
10:15	Managing the Media when IT Hits the Fan <u>Chris Johnson, Matanuska-Susitna School District</u> <u>Adrianne Schwartz, SNS, Juneau Borough School District</u> Whether it's unpaid meal debt or meal pattern changes, the media always wants to know! This session will provide tips from your peers.	
11:00	School Nutrition Association Update Kaye Wetli, SNS, Riverview School District	
11:30	AKSNA Business Meeting & Lunch AKSNA President Tanya Dube presiding	
1:00	State Agency Update Jo Dawson, MS, SNS, Child Nutrition Programs	
1:30	Disaster Feeding Jenni Ragland, Salvation Army Sue Lampert, USDA Foods Coordinator, Child Nutrition Programs Elizabeth Seitz, NSLP Coordinator, Child Nutrition Programs In the case of a disaster, it's important to know how the state can support your efforts to feed your community.	
2:30	Break	

ALASKA SCHOOL NUTRITION ASSOCIATION 51 <sup>#</sup> Annual Conference		
	Tuesday, January 29, 2019	
3:00	<u>Concurrent Sessions:</u> Birch:	
	Taking Advantage of Your SNA Membership Kaye Wetli, SNS, Riverview School District	
	Aspen: Net-Off Invoicing Sue Lampert, USDA Foods Coordinator, Child Nutrition Programs	
3:30	Break	
3:45	Concurrent Sessions:	
	Birch: Farm to School Update Lyssa Frohling, Farm to School Coordinator, Division of Natural Resources Aspen: Introduction to Titan	
	Lance Heggem and Paul Conklin, Titan School Solutions	
5:30	<ul> <li>Commercial Kitchen Solutions Social Night</li> <li>Shuttle from Residence Inn beginning at 5:30pm</li> <li>Located at 557 E Fireweed Lane</li> </ul>	

ALASKA SCHOOL NUTRITION ASSOCIATION		
	51 <sup>st</sup> Annual Conference	
	Wednesday, January 30, 2019	
8:30	Welcome and Updates	
8:45	Successfully Managing the Complexities of School Nutrition Programs Katie Wilson, Ph.D., SNS	
	School nutrition programs have become complex businesses with high customer expectations. Yet insufficient federal reimbursement rates, complex new regulations, and increased labor and food costs have all combined to push these programs to the edge. This session untangles new regulations, explains the professional standards requirements, and suggests best practices for fully utilizing federal funds and programs available to your district.	
9:45	Best Practices in School Breakfast: Breakfast in the Classroom, Grab and Go, Second Chance	
	Facilitated by Elizabeth Seitz, NSLP Coordinator, Child Nutrition Programs	
	Best practices in school breakfast can increase participation by leaps and bounds.	
	Hear how your peers have implemented these strategies. Panelists:	
	Geno Ceccarelli, North Slope Borough School District	
	Walter Williams, Southwest Region Schools Carol Larson, Petersburg City Schools	
10:45	Break	
11:00	USDA Foods Update	
	Sue Lampert, USDA Foods Coordinator, Child Nutrition Programs	
11:45	Lunch on your own	
1:00	Administrative Review Roundtable	
	<u>Robin Tennille, SNS, TCB</u> Preparation is the key to a successful AR. This session is a facilitate discussion on how	
	to best prepare for your AR.	

ALASKA SCHOOL NUTRITION ASSOCIATION 51st Annual Conference		
	Wednesday, January 30, 2019 <i>cont.</i>	
2:00	Safe Food Donations <u>Carol Brady, Alaska Department of Environmental Conservation</u> This session will cover receiving foods and touch on what kinds of foods are acceptable and which are not.	
3:00	Break	
3:15	Concurrent Sessions:	
	Birch – Operating Cross-Cultural Programs <u>Trevor Bridgewater, Fairbanks North Star Borough School District</u> Find ways to incorporate local cultures into your school nutrition program. Aspen – USDA Foods Advisory Council Meeting <u>Sue Lampert, USDA Foods Coordinator presiding</u>	
4:00	Clean Label Cooking Bonnie Britt, SNS, SA Piazza & Associates - What makes a product clean label and what ingredients to watch for.	
5:30	AKSNA Banquet, Golden Lion -Hotel shuttle will transport @ 5:30	

ALASKA SCHOOL NUTRITION ASSOCIATION 51st Annual Conference			
	Thursday, January 31, 2019		
9:00	Concurrent Field Trips: Anchorage Central Kitchen ~ or ~ Charlie's Produce		
	Shuttle to pick up @ the Marriott Residence Inn 9:00am Drop off at Anchorage School District at 9:25 Drop off at Charlie's Produce at 9:40 Pick up at Anchorage School District at 10:25 Pick up at Charlie's Produce at 10:45 Drop off at Egan Center – Vendor Show		
11:00 Egan Center	<b>Vendor Show</b> A chance to check out new products and equipment for your nutrition program.		
2:10	Return Shuttle Shuttle arrives at 2:10pm, departs at 2:15 returning guests to the Marriott Residence Inn.		

## **Featured Speakers**

Dr. Wilson has a passion for child nutrition and has dedicated her career to improving access to healthy food for all children and their families. She has spent 23 years as a school nutrition director in three public school districts in Wisconsin, 5 years as the Executive Director for the Institute of Child Nutrition and assistant professor at the University of Mississippi and most recently, 2 years as the Deputy Under Secretary of Food, Nutrition, and Consumer Services at the United States Department of Agriculture, appointed by President Obama.

Her professional service also includes serving on the 31<sup>st</sup> Standing Committee on Nutrition at the United Nations,



as Chair of the National Nutrition Standards Task Force, in many leadership positions for the School Nutrition Association, including 2008-2009 President, and as an expert on a variety of foundation and non profit Board of Directors. Katie has shared her expertise throughout the United States and around the world as an invited speaker, and academic guest lecturer for numerous government and private organizations, industry sales teams, colleges/ universities, and researchers interested in the field of nutrition, child health, and school food service management.

Dr. Wilson holds a bachelor's of science degree in dietetics, a master's degree in food science and nutrition from the University of WI – Stout, and a doctoral degree in foodservice and lodging management from Iowa State University. She is credentialed as a School Nutrition Specialist.

She has received many peer nominated awards throughout her career and is considered one of the top experts in the field of child nutrition.

Kaye Wetli is in her 13<sup>th</sup> year as the Supervisor of Food Services at Riverview School District in Duvall, Washington and has been a member of the School Nutrition Association (SNA) and Washington SNA (WSNA) ever since she first held this position. She started her state leadership journey in 2012 as Member at Large for WSNA, then Vice President, President Elect, and President. Kaye holds the SNS (School Nutrition Specialist) Credential and just started her third year of the three year term as SNA Northwest Regional Director.

Kaye lives and works in the community of Duvall and is happy to have a commute of under one mile to her office.